



SAINT BENEDICT'S

PASTORAL UNIT

6th Sunday Easter WEEKLY CHECK-IN

to keep people up to date, along with the trivia to keep you on your toes.

How Well Do You Know the Faith?

1. When a priest offers benediction of the Blessed Sacrament, the ends of this cape-like vestment cover his hands before he lifts the monstrance –
a. Chasuble b. Humeral veil c. Maniple d. Surplice.
2. Why was it especially wrong for Samson to eat the honey from the dead lion's carcass?
3. Who wrote the book of Deuteronomy?
4. Who said "Are you the one who was to come or should we expect someone else?"
a. Moses b. John the Baptist c. Peter d. Caiaphas
5. Who was the tallest man in Israel?
a. Saul b. David c. Boaz d. Samson
6. How long did Saul reign over Israel?
a. 42 years b. 20 years c. 39 years d. 30 years
7. Was Jonah glad that the people of Nineveh repented of their sins?
8. Who captured the Ark of God in a battle with Israel?
a. Philistines b. Romans c. Assyrians d. Amalekites
9. How many times did Noah send out the dove?
10. The second time Moses went up the mountain to God, what did he take with him?

Answers are found on bottom. ** Scores 9-10 Bible Scholar ** 6-8 Seasoned Scribe 4-5 Budding Disciple ** 0-3 Means... Time to Start Studying.

PRAYERS FOR THE SICK

Please continue to pray for Ivan Gallant, Kevin Roberts, George MacPherson, Father Tingley, & Fr. Egan. If you wish prayers for your loved one due to illness please email or phone Edith (583-2541) to let her know. Thank you!

CONFESSIONS: The Sacrament of Confession continues to take place every Saturday from 11-12 at St. James. Please see website at sbpu.ca for confession protocol.

MASS: Masses previously scheduled will be said at a later date when people can attend, unless otherwise requested. If you would like any specific intention included in the private Mass I am saying each day, feel free to call or email me at frtimbroderick@gmail.com and I will include your specific intention on that day.

**If the sacrament of the sick is needed at either the hospital, manor or senior residences, the nursing staff should call the priest at the request of the family.

Wisdom of the Saints TRIALS OF LIFE

"Trials and tribulations offer us a chance to make reparation for our past faults and sins. On such occasions the Lord comes to us like a physician to heal the wounds left by our sins. Tribulation is the divine medicine."

~ St. Augustine of Hippo

UPDATE FROM THE BISHOP:

The following is a letter sent out to the priests from the Bishop to be published for the faithful.

Dear Father,

Dr. Heather Morrison's Office has responded to our submission of a draft Protocol for Sunday Masses. The Public Health Office currently is reviewing it and will contact the Diocese to discuss and advise recommendations. A timeline for returning to Sunday Mass has not been mentioned. When Sunday Mass and the Sacraments resume, we will be entering what has been called "the new normal". This means that for the sake of safety our Sunday Assemblies will look different; as well, our usual social patterns in Church will change.

Social distancing, sanitizing surfaces and effectively communicating the meaning of the Protocol to parishioners will all be a part of "the new normal". In particular, Fathers, you will have the responsibility to ensure that the Protocol is implemented and followed. We must be vigilant to keep our parishioners and communities as safe as possible. The Protocol will help to convince our people that a return to the Eucharist is safe for them, their families and the community. Waiting for the day when Sunday Mass resumes, reflects the mood of the season of Advent; waiting expectantly for God's blessings. So let's not wait ineffectively; let's pray that we will enter the 'new normal' prepared and determined to prevent an outbreak or spreading of the virus.

Again Fathers I extend to you my gratitude for your faithful service during these difficult days. I am encouraged by the creative means of outreach you have taken to serve the people of your parishes and I commend the efforts made to continue celebrating the sacraments such as Confession and Anointing. Your extensive efforts to live-stream the Mass has helped many people to connect with the liturgical season, the Word and their prayer life. Thank you.

Sincerely yours in Christ,
Bishop Richard Grecco

PRACTICE makes PERFECT (Matt. 5:48)

The feast of the Ascension, when our Lord returned to Heaven is typically celebrated on a Sunday, however it merely transferred to Sunday, and the actual feast takes place on Thursday. The time between that Thursday and the vigil of the feast of Pentecost is typically consider the first novena (nine days of prayer) commemorating the sacred days between the feast of Ascension and the feast of Pentecost, when the Lord told the Apostles wait and pray for the one he would send them the Holy Spirit. Consider this Friday making this novena yourself. This link <https://companionscross.org/novena-holy-spirit> is just one example of many that are out there. Find one you like, and pray that the Holy Spirit may come and renew you with his great gifts. Come Holy Spirit!

PRAYER for the WEEK:

Two Prayers Taught at Fatima (Feast May 13th)

THE PARDON PRAYER- Taught to the children by an Angel who called himself the Angel of peace.

My God, I believe, I adore, I hope and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.

Answers: 1. b 2. He was a Nazirite, forbidden to touch dead bodies. 3. Moses. (Deut. 31:9,1:1) 4. b 5. a 6. a 7. No (Jonah 4:1) 8. a 9. 3 10. Two new tablets of stone