



# SAINT BENEDICT'S PASTORAL UNIT

## Trinity Sunday WEEKLY CHECK-IN

to keep people up to date, along with the trivia to keep you on your toes.

### How Well Do You Know the Faith?

1. What did the crippled beggar originally ask for from Peter and John? a. Money b. Healing c. Forgiveness d. Food.
2. When King Herod arrested Peter, how many guards did he assign to him? a. 4 b. 8 c. 12 d. 16
3. During his temptation in the wilderness, what Old Testament book did Jesus quote to rebuke Satan? a. Exodus b. Deuteronomy c. Psalms d. Isaiah
4. Herod had all the baby boys of what city killed?
5. How many disciples said that they would not deny Jesus?
6. After He heard that Lazarus was sick, how long did Jesus wait before going to see him? a. Two days. b. Three days c. A week. d. One day
7. How many of the 12 disciples were known to be fishermen?
8. To whom did Jesus say: "I am the resurrection and the life" ?
9. How many people believed Peter's message and were baptized on the day of Pentecost a. 1,000 b. 2,000 c. 3,000 d. 5,000
10. Where did the infant church meet in Jerusalem?

**Answers are found on bottom. \*\* Scores 9-10 Bible Scholar \*\* 6-8 Seasoned Scribe 4-5 Budding Disciple \*\* 0-3 Means... Time to Start Studying.**

### PRAYERS FOR THE SICK

Please continue to pray for Ivan Gallant, Kevin Roberts, George MacPherson, Father Tingley, & Fr. Egan. If you wish prayers for your loved one due to illness please email or phone Edith (583-2541) to let her know. Thank you!

**\*\*CONFESSIONS TIME CHANGE:** The Sacrament of Confession continues to take place every Saturday from 1-2pm at St. James. Please see website at sbpu.ca for confession protocol.

**MASS:** Weekend Masses previously scheduled will be said at a later date when people can attend, unless otherwise requested. **\*\*If the sacrament of the sick is needed at either the hospital, manor or senior residences, the nursing staff should call the priest at the request of the family.**

### *Wisdom of the Saints* THE MOST HOLY TRINITY

"You, Eternal Trinity, are a deep sea. The more I enter you, the more I discover, and the more I discover, the more I seek you." ~ St. Catherine of Siena

### The Concept of the Trinity

**CHALLENGE** "The concept of the Trinity makes no sense. How can God be one and three at the same time?"

**DEFENSE:** The doctrine of the Trinity does not say that God is one and three in the same sense. He is one God and three Persons.

"The supreme being must be unique, without equal . . . If God is not one, he is not God"(CCC 228). Yet God is also Father, Son, and Holy Spirit. "The Trinity is One. We do not confess three Gods, but one God in three persons"(CCC 253).

It is not surprising that the doctrine of the Trinity is difficult to understand. God is infinite and we are finite. It is natural that our minds would have difficulty grasping what a being so far above us is like. Our minds are designed principally to interact with the world in which we live, and in this life we do not meet beings that are trinities. That's outside our experience. We would not even know God is a Trinity unless he had revealed it (CCC 237).

Nevertheless, God designed our minds to understand at least some aspects of his mystery, and we can see that the concept of the Trinity does not involve a logical contradiction. This is possible because the category being and the category person are distinct—something we can see in things we are familiar with (CCC 40–41). In life, we encounter many beings, or things that exist. Some are impersonal (not persons), such as rocks and trees and snowflakes. Other beings are personal. You, me, and everyone we know are persons. This shows that there is a distinction between being and person.

This distinction is important, because if some beings are less than one person (in fact, zero persons), and if some beings are exactly one person, then there is no contradiction in the idea of a being that is more than one person.

Thus God—the supreme being and thus the ground of all being—is three persons. This may be difficult to envision in this life. God is not yet part of our experience in the way he will be in the next life (CCC 163), but even now we can see that there is no contradiction.

*\*\*\*CCC refers to the corresponding paragraph found in the Catechism of the Catholic Church.*

*From the book A Daily Defense by Jimmy Akin. Published by Catholic Answers Press and reprinted with permission. For more information, visit www.catholic.com.*

### PRACTICE makes PERFECT (Matt. 5:48)

Sometimes we do things without really giving it much thought. The sign of the cross is one such thing. This week whenever you make the sign of the cross, make a conscious effort to realize at that moment, that you are affirming the greatest mystery of our faith... the Trinity (one God and 3 persons).

### WEEKDAY MASS RETURNS

Weekday Masses have started again. Since we are only allowed 15 people in the Church at a time, we will do this by reservation. Masses will be Wednesday at 6:30pm, at St. George's, Thursday at 6:30pm at All Saints, and Friday at 6:30pm at St. James and St. Francis de Sales at 11:00am Saturday Morning. To reserve your spot you must phone and leave your name **AND phone number** along with the names of anyone else in your household so we can get an accurate count. I (Fr. Tim) will call and confirm your spot is reserved. If Mass is booked up at the location you wish the option will be to reserve a spot at another one of our unit's churches or to go on the following weeks list. You cannot reserve for other households, they must phone themselves.

**\*\* FOR MORE DETAILS on the SAFETY PLAN PROTOCOL for 15 people at Mass Click Here.**

### PRAYER for the WEEK: Come Holy Spirit

Glory be to the Father, Who by His almighty power and love created me, making me in the image and likeness of God.

Glory be to the Son, Who by His Precious Blood delivered me from hell, and opened for me the gates of heaven.

Glory be to the Holy Spirit, Who has sanctified me in the sacrament of Baptism, and continues to sanctify me by the graces I receive daily from His bounty.

Glory be to the Three adorable Persons of the Holy Trinity, now and forever.

**Answers:** 1. a 2. d 3. b. 4. Bethlehem. 5. All of them (Matt. 26:35) 6. Two days 7. Four (James, John, Simon and Andrew) Mark 1:16-19 8. Martha 9. c 10. Temple courts.