

ST. BENEDICT’S PASTORAL UNIT
4th Sunday in Ordinary Time
February 1, 2026

MASS SCHEDULE:

St. James: Sat. 4:00 p.m., Fri. 9:00 a.m.
St. Francis deSales: Sat. 6:00 p.m. (Masses over for this year)
St. George’s: Sunday at 9:00 a.m., Wed. at 9:30 a.m.
All Saints: Sun. 10:30 a.m., Thurs. 9:30 a.m.

Confessions

St. James - Saturday 11:00 a.m. – 12:00 p.m.

Pastor: Fr. Kishore Kumar Gundabathini, cell 902-314-9174
(if anyone outside of Canada is contacting Fr. Kishore they should do so via email or call his landline number & not use his cell phone.) or 902-652-2401
Fax: 652-2010 Email: for the office is stbenedicts652@gmail.com and for Fr. Kishore: gundabathini.kishore@gmail.com
Website address: sbpu.ca
Claudia Batchilder, Pastoral Associate, cell 902-969-0266 or 902-652-2402 – email: cgbatchesfo@gmail.com

4th Sunday in Ordinary Time

A man thought that he could find his happiness in this world, so he went after the things of this world. Only to find out later that worldly happiness was not the key to real happiness.

Jesus, in our gospel, gives us the eight Beatitudes. What is the meaning of beatitude? It means happiness, not according to the definition of this world but happiness according to the interpretation of Jesus.

How do we interpret happiness? Do we interpret it according to the standards of this world? For example, many of us have this mindset of finding happiness in the accumulation of money, power and having everything that this world can offer. But these are not the key to real happiness.

Let us seek our happiness and fulfilment in Jesus and according to the eight beatitudes which He gave us and we will surely find it. For Jesus has not refused anyone who seeks to find his/her happiness in Him and His teachings. Let us try to reflect on these pronouncements of Jesus about the beatitudes. For in Jesus and His beatitudes we will find real happiness. Where does our happiness lie right now?

PRAYERS FOR THE SICK

Please pray for Sue McMullin, Earl Powers, Patricia Brousseau, Marilyn Callaghan, Jordan Lea & Fr. Keith Kennefic. If you wish prayers for your loved one due to illness please email or phone Edith (583-2541) to let her know. Thank you!

Week Day Masses

St. George’s, Wednesday, Feb. 4, 9:30 a.m. Int. No Intention Listed
All Saints, Thursday, Feb. 5, 9:30 a.m. Int. No Intention Listed
St. James, Friday, Feb. 6, 9:00 a.m. Int. No Intention Listed
St. James, Saturday, Feb. 7, 4:00 p.m. Int. Sally & Buddy McCullough by Karen VandenBroek
St. George’s, Sunday, Feb. 8, 9:00 a.m. Int. Duncan & Jean MacDonald by Family
All Saints, Sunday, Feb. 8, 10:30 a.m. Int. Parishioners of the Unit

Booking Masses: Please include your phone number when submitting a Mass request in case you need to be contacted. **Weekend Masses are booked for FEBRUARY.** There are still openings for week day Masses.

Rosary: The rosary is prayed each Saturday at St. James at 3:30 p.m. before Mass and on Sunday at St. George’s at 8:30 a.m. & All Saints at 10:00 a.m. Come early and join us in prayer.

World Day of Prayer for the Sick: St. Benedict's Pastoral Family is invited to pray at home to Our Lady of Lourdes on Wed., Feb 11, World Day of Prayer for the Sick. Pope Leo's message: "The compassion of the Good Samaritan: loving by bearing another's pain." Please pray for Mary's intercession local and world-wide for those suffering from physical and mental illness.

Prayer Ministry Team: Would you be able to PRAY AT HOME for the needs of others? We have a few people who have said yes but it would be great to have people from each parish of the Unit on the team. Please contact Claudia. 902-969-0266

Planning Session for Year of St. Francis of Assisi celebrations 2026 in St. Benedict's Pastoral Family: There will be a meeting on Thursday, Feb.12 at 7:00 p.m. at All Saints parish. It would be great to have people from each of the 4 churches on the team so activities can take place at each church in the Unit.

St. JAMES PARISH

Collection for Jan. 25 – 15 Envelopes - \$480.00; Loose – \$109.00. E-transfers can be made to stjamesgeorgetown@gmail.com

Ministries for Feb. 7: Lector –Tony Thijseen; Eucharistic Minister – Allan Gallant; Altar Server – Edith MacDonald; Choir – Organ. **Snow Removal** from Jan. 29 to Feb. 4 is Mark King & from Feb. 5 to Feb. 11 is Mike LaVie.

Congratulations to our January Lottery Winner – Barb Carroll. Remember to return your stubs and monies by February 21 for the February 28 draw. You can turn them in to Kevin Gotell, Mark Gotell, or Sid McMullin or place them in the collection basket.

ALL SAINTS PARISH

Collection for Jan. 25 – 27 Envelopes - \$810.00; Loose - \$39.00; Direct Deposit - \$875.00; E-transfer for Building Fund - \$125.00; Children’s Collection - \$22.35. E-transfers can be made to Allsaintsparishpei@gmail.com

Ministries for Feb. 8 – Lector – Pauline Kelly; Eucharistic Minister – Cindy Shepard; Gifts – Herman VandenBroek; Ushers: Dan Shepard & Joe Brothers. **Church Custodians** from Feb. 2 to Feb. 8 is Andrew Rice & from Feb. 9 to Feb. 15 is Harry Nabuurs. **Snow Removal Team** from Feb. 2 to Feb. 8 is George & Martin VandenBroek & from Feb. 9 to Feb. 15 is Bobby MacDonald & Bradshaw Campbell. **Church Cleaners for February** are Katherine MacDonald, Shirley Rice & Cindy Shepard.

The 2026 envelopes are at the back of the church. If you can’t find one with your name on them, please take a blank box and add your name to the list provided by the envelopes. For some of the monthly contributors, if you want a box, please do as noted above and add your name to the list. If anyone would like to register for Automatic Monthly Payments or do E-Transfers please discuss with Mary Ann Donahoe.

Children at All Saints Who Wish to Sing at Mass: Marilyn Barrett has kindly volunteered to teach children’s songs to any interested children so they can enjoy Mass more. Rehearsal will take place every third Sunday of each month. Marilyn will teach children a song for 20 minutes after Mass. The goal is to have them sing in the Christmas Concert in Dec. 2026.

Muffin Sunday – Feb. 1: Please join us after Mass at All Saints for “Muffin Sunday” for our Unit. Coffee, Tea and Juice will be on and contributions to sharing table would be most welcome.

ST. GEORGE’S PARISH

Collection for Jan. 25 – 11 Envelopes - \$445.00; Furnace Oil Fund - \$100.00.

Ministry List for Feb. 8 – Lector – Terry Brennan; Eucharistic Minister – Edith MacDonald. **Snow Removal** from Feb. 2 to Feb. 8 is Kevin Campbell & Joey MacPhee & from Feb. 9 to Feb. 15 are Owen Fitzpatrick & Claude MacKinnon.

St. George’s C.W.L 2026: A reminder that **CWL Membership fees are due by January 31.** Membership dues are \$25 for the year. CWL dues can be placed in the collection basket.

DIOCESE NOTICES

“Is Our Blessed Mother Calling You?” Pilgrimage to Medjugorje with Spiritual Chaplain Father Danny Wilson on March 16th to 27th: Group Leaders are Rhonda-Lynn Cormier and Lori Currie. Cost: \$3,299.00 - includes airfare and all airport taxes from Halifax (flights from other airports and the USA can be arranged with adjusted pricing), twin accommodation, daily breakfast and dinner, a professional local guide. Single room supplement: \$350.00 if available. For bookings or more information, please contact Rhonda-Lynn at 902-448-3660.

Strengthen your Sacrament of Marriage through prayer, meaningful dialogue, and renewal on a weekend marriage retreat with Worldwide Marriage Encounter. Two retreats will be held this year: May 1–3 and October 16-18. For details, contact Ron and Joanne at (506) 451-8489 or ron.joanne.arsenault@wwme.org.

The World Day for Consecrated Life was instituted by Pope John Paul II in 1997. World Day for Consecrated Life will be celebrated in the Church on Sunday, February 2, 2026, and in parishes over the weekend of January 31 - February 1. Please pray for all those who have made commitments in the consecrated life and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

PRAYER for the WEEK – PRAYER TO SAINT BLAIE – PETITION – CURE FROM ILLNESS

St Blaise, Bishop and lover of souls, during your life you willingly bore many crosses in faithful imitation of the suffering Jesus Christ. Similarly, with Christ-like compassion and the grace of God, you miraculously cured many sufferers of their ills and humbly accepted the tortures inflicted upon you at the time of your death, dying as a Martyr for Christ. Now in your heavenly home, I come before you and humbly ask for your intercession before the throne of God. St Blaise, seek for me a cure for... (Name the illness) ... If it is not God’s will or the greater good of my soul, ask God to grant me the strength to bear my cross patiently, in imitation of Jesus Christ our Crucified Saviour, as reparation for my sins and the salvation of souls. Amen.

Please send items for the Bulletin to Edith MacDonald at - elmacdonald56@gmail.com or phone 583-2541 by Noon, the Wednesday prior to the weekend.